

HDHP



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE:** Information about the cost of this plan (called the premium) will be provided separately. **This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-877-235-9258 or at [www.bcbstx.com/americanairlines](http://www.bcbstx.com/americanairlines). For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary](http://www.healthcare.gov/sbc-glossary) or call 1-855-756-4448 to request a copy.

| Important Questions                                                | Answers                                                                                                                                                       | Why This Matters:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|--------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>What is the overall deductible?</b>                             | In-Network: \$1,700 Individual / \$3,400 Family<br>Out-of-Network: \$4,000 Individual / \$8,000 Family                                                        | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.                                                                                                                                                                                                                                                                               |
| <b>Are there services covered before you meet your deductible?</b> | Yes. Certain <u>preventive care</u> is covered before you meet your <u>deductible</u> .                                                                       | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="http://www.healthcare.gov/coverage/preventive-care-benefits/">www.healthcare.gov/coverage/preventive-care-benefits/</a> .                                                     |
| <b>Are there other deductibles for specific services?</b>          | No.                                                                                                                                                           | You don't have to meet <u>deductibles</u> for specific services.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>What is the out-of-pocket limit for this plan?</b>              | In-Network: \$4,900 Individual Only Plan & \$6,850 Individual on Family Plan / \$9,800 Family<br>Out-of-Network: \$12,000 Individual / \$24,000 Family        | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.                                                                                                                                                                                                                                                                                     |
| <b>What is not included in the out-of-pocket limit?</b>            | <u>Premiums</u> , <u>balance-billing</u> charges, <u>preauthorization</u> penalties, and health care this <u>plan</u> doesn't cover.                          | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Will you pay less if you use a network provider?</b>            | Yes. See <a href="http://www.bcbstx.com/americanairlines">www.bcbstx.com/americanairlines</a> or call 1-800-810-2583 for a list of <u>network providers</u> . | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| <b>Do you need a referral to see a specialist?</b>                 | No.                                                                                                                                                           | You can see the <u>specialist</u> you choose without a <u>referral</u> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| Common Medical Event                                          | Services You May Need                            | What You Will Pay                                              |                                                 | Limitations, Exceptions, & Other Important Information                                                                                                                                                                                                                                                                                        |
|---------------------------------------------------------------|--------------------------------------------------|----------------------------------------------------------------|-------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                               |                                                  | In-Network Provider (You will pay the least)                   | Out-of-Network Provider (You will pay the most) |                                                                                                                                                                                                                                                                                                                                               |
| If you visit a health care <u>provider's</u> office or clinic | Primary care visit to treat an injury or illness | 20% <u>coinsurance</u>                                         | 40% <u>coinsurance</u>                          | For in-network virtual visit, \$65 per visit until <u>deductible</u> is satisfied, then \$13 per visit, by a Designated Virtual <u>Network Provider</u> . No virtual visit coverage for out-of-network. If you receive services in addition to office visit, additional <u>copays</u> , <u>deductibles</u> , or <u>coinsurance</u> may apply. |
|                                                               | <u>Specialist</u> visit                          | 20% <u>coinsurance</u>                                         | 40% <u>coinsurance</u>                          | If you receive services in addition to office visit, additional copays, <u>deductibles</u> , or <u>coinsurance</u> may apply.                                                                                                                                                                                                                 |
|                                                               | <u>Preventive care/screening/immunization</u>    | No Charge                                                      | 40% <u>coinsurance</u>                          | You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.                                                                                                                                                       |
| If you have a test                                            | <u>Diagnostic test</u> (x-ray, blood work)       | 20% <u>coinsurance</u>                                         | 40% <u>coinsurance</u>                          | <u>Prior authorization</u> required for Sleep Studies; \$250 penalty if not preauthorized out-of-network.                                                                                                                                                                                                                                     |
|                                                               | Imaging (CT/PET scans, MRIs)                     | 20% <u>coinsurance</u>                                         | 40% <u>coinsurance</u>                          | None                                                                                                                                                                                                                                                                                                                                          |
|                                                               | Generic drugs                                    | Retail: 20% <u>coinsurance</u><br>Mail: 20% <u>coinsurance</u> | Retail: 40% coinsurance<br>Mail: not covered    | Benefits shown are for Retail up to a 30-day supply and Mail-Order up to a 90-day supply.                                                                                                                                                                                                                                                     |
|                                                               | Preferred brand drugs                            | Retail: 20% <u>coinsurance</u><br>Mail: 20% <u>coinsurance</u> | Retail: 40% coinsurance<br>Mail: not covered    | Some prescriptions require <u>preauthorization</u><br>Other limitations may apply, see the                                                                                                                                                                                                                                                    |

| Common Medical Event                                                                                                                                                                           | Services You May Need                          | What You Will Pay                                                                                                         |                                                                                          | Limitations, Exceptions, & Other Important Information                                                                                                                                                                                                                                                                                         |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                |                                                | <u>In-Network Provider (You will pay the least)</u>                                                                       | <u>Out-of-Network Provider (You will pay the most)</u>                                   |                                                                                                                                                                                                                                                                                                                                                |
| <b>If you need drugs to treat your illness or condition</b><br>More information about <u>prescription drug coverage</u> is available at <a href="http://www.caremark.com">www.caremark.com</a> | Non-preferred brand drugs                      | Retail: 20% <u>coinsurance</u><br>Mail: 20% <u>coinsurance</u>                                                            | Retail: 40% coinsurance<br>Mail: not covered                                             | SPD, "Prescription Drug Program" chapter, for details. *<br><u>Specialty Drugs</u> must be filled at CVS Specialty Pharmacy<br><br><u>Specialty Drugs</u> on the PrudentRx Drug List are \$0 for enrolled members after the <u>deductible</u> has been met. Please reference SPD.<br><br>Infertility medications limited to \$25,000/lifetime. |
|                                                                                                                                                                                                | <u>Specialty drugs</u>                         | Generic: 20% <u>coinsurance</u><br>Preferred Brand: 20% <u>coinsurance</u><br>Non-Preferred Brand: 20% <u>coinsurance</u> | Not covered                                                                              |                                                                                                                                                                                                                                                                                                                                                |
| <b>If you have outpatient surgery</b>                                                                                                                                                          | Facility fee (e.g., ambulatory surgery center) | 20% <u>coinsurance</u>                                                                                                    | 40% <u>coinsurance</u>                                                                   | <u>Prior authorization</u> required; \$250 penalty if not preauthorized out-of-network.                                                                                                                                                                                                                                                        |
|                                                                                                                                                                                                | Physician/surgeon fees                         | 20% <u>coinsurance</u>                                                                                                    | 40% <u>coinsurance</u>                                                                   | None                                                                                                                                                                                                                                                                                                                                           |
| <b>If you need immediate medical attention</b>                                                                                                                                                 | <u>Emergency room care</u>                     | Facility Charges: 20% <u>coinsurance</u><br>ER Physician Charges: 20% <u>coinsurance</u>                                  | Facility Charges: 20% <u>coinsurance</u><br>ER Physician Charges: 20% <u>coinsurance</u> | For out-of-network: In- <u>network deductible</u> applies to out-of- <u>network</u> benefits for true emergency; 40% coinsurance for non-emergency.                                                                                                                                                                                            |
|                                                                                                                                                                                                | <u>Emergency medical transportation</u>        | 20% <u>coinsurance</u>                                                                                                    | 20% <u>coinsurance</u>                                                                   | Ground and air transportation covered. Out-of-network coinsurance is 40% for                                                                                                                                                                                                                                                                   |

| Common Medical Event                                                      | Services You May Need                     | What You Will Pay                                                 |                                                        | Limitations, Exceptions, & Other Important Information                                                                                                                                                                                                                                                                  |
|---------------------------------------------------------------------------|-------------------------------------------|-------------------------------------------------------------------|--------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                           |                                           | <u>In-Network Provider</u> (You will pay the least)               | <u>Out-of-Network Provider</u> (You will pay the most) |                                                                                                                                                                                                                                                                                                                         |
|                                                                           |                                           |                                                                   |                                                        | non-emergency.                                                                                                                                                                                                                                                                                                          |
|                                                                           | <u>Urgent care</u>                        | 20% <u>coinsurance</u>                                            | 40% <u>coinsurance</u>                                 | None                                                                                                                                                                                                                                                                                                                    |
| If you have a hospital stay                                               | Facility fee (e.g., hospital room)        | 20% <u>coinsurance</u>                                            | 40% <u>coinsurance</u>                                 | <u>Preauthorization</u> is required; \$250 penalty if not preauthorized <u>Out-of-Network</u> .                                                                                                                                                                                                                         |
|                                                                           | Physician/surgeon fees                    | 20% <u>coinsurance</u>                                            | 40% <u>coinsurance</u>                                 | None                                                                                                                                                                                                                                                                                                                    |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services                       | 20% <u>coinsurance</u>                                            | 40% <u>coinsurance</u>                                 | Certain services must be preauthorized; \$250 penalty if not preauthorized Out-of-Network. Refer to your SPD* for details.                                                                                                                                                                                              |
|                                                                           | Inpatient services                        | 20% <u>coinsurance</u>                                            | 40% <u>coinsurance</u>                                 | <u>Preauthorization</u> is required; \$250 penalty if not preauthorized <u>Out-of-Network</u> .                                                                                                                                                                                                                         |
| If you are pregnant                                                       | Office visits                             | OB-GYN and Midwife: No charge; Specialist: 20% <u>coinsurance</u> | 40% <u>coinsurance</u>                                 | <u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of services, a <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). <u>Doula services are limited to \$2,000 per pregnancy.</u> |
|                                                                           | Childbirth/delivery professional services | 20% <u>coinsurance</u>                                            | 40% <u>coinsurance</u>                                 |                                                                                                                                                                                                                                                                                                                         |
|                                                                           | Childbirth/delivery facility services     | 20% <u>coinsurance</u>                                            | 40% <u>coinsurance</u>                                 | <u>Preauthorization</u> is required for inpatient stays that exceed 48 hours for natural delivery or 96 hours for cesarean; \$250 penalty if not preauthorized <u>Out-of-Network</u> .                                                                                                                                  |
| If you need help recovering or have other special health needs            | <u>Home health care</u>                   | 20% <u>coinsurance</u>                                            | 40% <u>coinsurance</u>                                 | <u>Preauthorization</u> is required for certain services (skilled nursing by RN or LPN) or \$250 penalty applies out-of-network..                                                                                                                                                                                       |
|                                                                           | <u>Rehabilitation services</u>            | 20% <u>coinsurance</u>                                            | 40% <u>coinsurance</u>                                 | None                                                                                                                                                                                                                                                                                                                    |
|                                                                           | <u>Habilitation services</u>              | 20% <u>coinsurance</u>                                            | 40% <u>coinsurance</u>                                 | Habilitation services for Learning                                                                                                                                                                                                                                                                                      |

| Common Medical Event                          | Services You May Need            | What You Will Pay                                   |                                                        | Limitations, Exceptions, & Other Important Information                                                                                                                                |
|-----------------------------------------------|----------------------------------|-----------------------------------------------------|--------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                               |                                  | <u>In-Network Provider</u> (You will pay the least) | <u>Out-of-Network Provider</u> (You will pay the most) |                                                                                                                                                                                       |
|                                               |                                  |                                                     |                                                        | Disabilities are not covered.                                                                                                                                                         |
|                                               | <u>Skilled nursing care</u>      | 20% <u>coinsurance</u>                              | 40% <u>coinsurance</u>                                 | Limited to 60 days per illness per year. Confinement must occur within 15 days of release from hospital. <u>Preauthorization</u> is required or \$250 penalty applies out-of-network. |
|                                               | <u>Durable medical equipment</u> | 20% <u>coinsurance</u>                              | 40% <u>coinsurance</u>                                 | <u>Prior authorization</u> required for DME over \$1,000; \$250 penalty applies if not preauthorized out-of-network.                                                                  |
|                                               | <u>Hospice services</u>          | 20% <u>coinsurance</u>                              | 40% <u>coinsurance</u>                                 | <u>Preauthorization</u> is required or \$250 penalty applies out-of-network.                                                                                                          |
| <b>If your child needs dental or eye care</b> | Children's eye exam              | Not Covered                                         | Not Covered                                            | None                                                                                                                                                                                  |
|                                               | Children's glasses               | Not Covered                                         | Not Covered                                            | None                                                                                                                                                                                  |
|                                               | Children's dental check-up       | Not Covered                                         | Not Covered                                            | None                                                                                                                                                                                  |

### Excluded Services & Other Covered Services:

#### **Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)**

- |                              |                                                      |                                                                               |
|------------------------------|------------------------------------------------------|-------------------------------------------------------------------------------|
| • Children's eye exam        | • Cosmetic surgery                                   | • Routine eye care (Adult)                                                    |
| • Children's glasses         | • Dental care (Adult)                                | • Routine foot care (with the exception of person with diagnosis of diabetes) |
| • Children's dental check-up | • Long-term care                                     | • Weight loss programs                                                        |
|                              | • Non-emergency care when traveling outside the U.S. |                                                                               |

#### **Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)**

- |                                                                                                                                                  |                                                                                     |                                                                                                                              |
|--------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|
| • Acupuncture                                                                                                                                    | • Chiropractic care (20 visits per year)                                            | • Infertility treatment (limited to \$50,000 lifetime maximum, and in addition to \$25,000 lifetime maximum for medications) |
| • Bariatric surgery (limited to one surgery per lifetime, when performed at Center of Excellence by provider who is part of the Lantern network) | • Hearing aids (\$3,500 per hearing aid for every 36-months which includes repairs) | • Private-duty nursing                                                                                                       |

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Other

coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact Blue Cross and Blue Shield of Texas at 1-877-235-9258 or visit [www.bcbstx.com/americanairlines](http://www.bcbstx.com/americanairlines), or the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

**Does this plan provide Minimum Essential Coverage? Yes**

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

**Does this plan meet the Minimum Value Standards? Yes**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-235-9258.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-235-9258.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-235-9258.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-877-235-9258.

*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

|                                               |         |
|-----------------------------------------------|---------|
| ■ The <u>plan's</u> overall <u>deductible</u> | \$1,700 |
| ■ <u>Specialist coinsurance</u>               | 20%     |
| ■ Hospital (facility) <u>coinsurance</u>      | 20%     |
| ■ Other <u>coinsurance</u>                    | 20%     |

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
Diagnostic tests (*ultrasounds and blood work*)  
Specialist visit (*anesthesia*)

|                           |                 |
|---------------------------|-----------------|
| <b>Total Example Cost</b> | <b>\$12,700</b> |
|---------------------------|-----------------|

#### In this example, Peg would pay:

| <u>Cost Sharing</u>               |                |
|-----------------------------------|----------------|
| <u>Deductibles</u>                | \$1,700        |
| <u>Copayments</u>                 | \$0            |
| <u>Coinsurance</u>                | \$2,200        |
| <u>What isn't covered</u>         |                |
| Limits or exclusions              | \$60           |
| <b>The total Peg would pay is</b> | <b>\$3,960</b> |

### Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

|                                               |         |
|-----------------------------------------------|---------|
| ■ The <u>plan's</u> overall <u>deductible</u> | \$1,700 |
| ■ <u>Specialist coinsurance</u>               | 20%     |
| ■ Hospital (facility) <u>coinsurance</u>      | 20%     |
| ■ Other <u>coinsurance</u>                    | 20%     |

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
Diagnostic tests (*blood work*)  
Prescription drugs  
Durable medical equipment (*glucose meter*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$5,600</b> |
|---------------------------|----------------|

#### In this example, Joe would pay:

| <u>Cost Sharing</u>               |                |
|-----------------------------------|----------------|
| <u>Deductibles</u>                | \$1,700        |
| <u>Copayments</u>                 | \$0            |
| <u>Coinsurance</u>                | \$700          |
| <u>What isn't covered</u>         |                |
| Limits or exclusions              | \$20           |
| <b>The total Joe would pay is</b> | <b>\$2,420</b> |

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

|                                               |         |
|-----------------------------------------------|---------|
| ■ The <u>plan's</u> overall <u>deductible</u> | \$1,700 |
| ■ <u>Specialist coinsurance</u>               | 20%     |
| ■ Hospital (facility) <u>coinsurance</u>      | 20%     |
| ■ Other <u>coinsurance</u>                    | 20%     |

#### This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
Diagnostic test (*x-ray*)  
Durable medical equipment (*crutches*)  
Rehabilitation services (*physical therapy*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$2,800</b> |
|---------------------------|----------------|

#### In this example, Mia would pay:

| <u>Cost Sharing</u>               |                |
|-----------------------------------|----------------|
| <u>Deductibles</u>                | \$1,700        |
| <u>Copayments</u>                 | \$0            |
| <u>Coinsurance</u>                | \$200          |
| <u>What isn't covered</u>         |                |
| Limits or exclusions              | \$0            |
| <b>The total Mia would pay is</b> | <b>\$1,900</b> |

## Non-Discrimination Notice

### Health Care Coverage Is Important For Everyone

We do not discriminate on the basis of race, color, national origin (including limited English knowledge and first language), age, disability, or sex (as understood in the applicable regulation). We provide people with disabilities with reasonable modifications and free communication aids to allow for effective communication with us. We also provide free language assistance services to people whose first language is not English.

To receive reasonable modifications, communication aids or language assistance free of charge, please call us at 855-710-6984.

If you believe we have failed to provide a service, or think we have discriminated in another way, you can file a grievance with:

|                                          |          |                                   |
|------------------------------------------|----------|-----------------------------------|
| Office of Civil Rights Coordinator       | Phone:   | 855-664-7270 (voicemail)          |
| Attn: Office of Civil Rights Coordinator | TTY/TDD: | 855-661-6965                      |
| 300 E. Randolph St., 35th Floor          | Fax:     | 855-661-6960                      |
| Chicago, IL 60601                        | Email:   | civilrightscoordinator@bcbsil.com |

You can file a grievance by mail, fax or email. If you need help filing a grievance, please call the toll-free phone number listed on the back of your ID card (TTY: 711).

You may file a civil rights complaint with the US Department of Health and Human Services, Office for Civil Rights, at:

|                                    |                                                    |                  |
|------------------------------------|----------------------------------------------------|------------------|
| US Dept of Health & Human Services | Phone:                                             | 800-368-1019     |
| 200 Independence Avenue SW         | TTY/TDD:                                           | 800-537-7697     |
| Room 509F, HHH Building            | Complaint Portal:                                  |                  |
| Washington, DC 20201               | ocrportal.hhs.gov/ocr/smartscreen/main.jsf         | Complaint Forms: |
|                                    | hhs.gov/civil-rights/filing-a-complaint/index.html |                  |

This notice is available on our website at [bcbstx.com/legal-and-privacy/non-discrimination-notice](http://bcbstx.com/legal-and-privacy/non-discrimination-notice)

**ATTENTION:** If you speak another language, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 855-710-6984 (TTY: 711) or speak to your provider.

|                    |                                                                                                                                                                                                                                                                                                        |
|--------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Español<br>Spanish | ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 855-710-6984 (TTY: 711) o hable con su proveedor. |
| العربية<br>Arabic  | تنبيه: إذا كنت تتحدث اللغة العربية، فستتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر وسائل مساعدة وخدمات مناسبة لتوفير المعلومات بتنسيقات يمكن الوصول إليها مجانًا. اتصل على الرقم 855-710-6984 (TTY: 711) أو تحدث إلى مقدم الخدمة.                                                               |



|                     |                                                                                                                                                                                                                                                                                                                                      |
|---------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 中文<br>Chinese       | 注意：如果您说中文，我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务，以无障碍格式提供信息。致电 855-710-6984（文本电话：711）或咨询您的服务提供商。                                                                                                                                                                                                                                          |
| Français<br>French  | ATTENTION : Si vous parlez Français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 855-710-6984 (TTY : 711) ou parlez à votre fournisseur.   |
| Deutsch<br>German   | ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistentendienste zur Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie 855-710-6984 (TTY: 711) an oder sprechen Sie mit Ihrem Provider.       |
| ગુજરાતી<br>Gujarati | ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો મફત ભાષાકીય સહાયતા સેવાઓ તમારા માટે ઉપલબ્ધ છે. યોગ્ય ઓક્સિડેરી સહાય અને એક્સેસિબલ ફોર્મેટમાં માહિતી પૂરી પાડવા માટેની સેવાઓ પણ વિના મૂલ્યે ઉપલબ્ધ છે. 855-710-6984 (TTY: 711) પર કોલ કરો અથવા તમારા પ્રદાતા સાથે વાત કરો.                                                                      |
| हिन्दी<br>Hindi     | ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवाएं उपलब्ध होती हैं। सुलभ प्रारूपों में जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन और सेवाएँ भी निःशुल्क उपलब्ध हैं। 855-710-6984 (TTY: 711) पर कॉल करें या अपने प्रदाता से बात करें।                                                                      |
| Italiano<br>Italian | ATTENZIONE: se parli Italiano, sono disponibili servizi di assistenza linguistica gratuiti. Sono inoltre disponibili gratuitamente ausili e servizi ausiliari adeguati per fornire informazioni in formati accessibili. Chiama l'855-710-6984 (tty: 711) o parla con il tuo fornitore.                                               |
| 한국어<br>Korean       | 주의: 한국어를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 855-710-6984(TTY: 711)번으로 전화하거나 서비스 제공업체에 문의하십시오.                                                                                                                                                                                      |
| Diné<br>Navajo      | SHOOH: Diné bee yánílti'gogo, saad bee aná'awo' bee áka'anída'awo'ít'áá jiik'eh ná hóló. Bee ahít hane'go bee nida'anishí t'áá ákodaat'éhígíí dóó bee áka'anída'wo'í áko bee baa hane'í bee hadadilyaa bich'í' ahoot'í'ígíí éí t'áá jiik'eh hóló. Kohjí' 855-710-6984 (TTY: 711) hodíilnih doodago nika'análwo'í bich'í' hanidzihih. |
| Farsi<br>فارسی      | توجه: اگر فارسی صحبت می کنید، خدمات پشتیبانی زبانی رایگان در دسترس شما قرار دارد. همچنین کمک ها و خدمات پشتیبانی مناسب برای ارائه اطلاعات در قالب های قابل دسترس، به طور رایگان موجود می باشند. با شماره 855-710-6984 (تله تایپ: 711) تماس بگیرید یا با ارائه دهنده خود صحبت کنید.                                                   |
| Polski<br>Polish    | UWAGA: Osoby mówiące po polsku mogą skorzystać z bezpłatnej pomocy językowej. Dodatkowe pomoce i usługi zapewniające informacje w dostępnych formatach są również dostępne bezpłatnie. Zadzwoń pod numer 855-710-6984 (TTY: 711) lub porozmawiaj ze swoim dostawcą.                                                                  |
| РУССКИЙ<br>Russian  | ВНИМАНИЕ: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 855-710-6984 (TTY: 711) или обратитесь к своему поставщику услуг.               |
| Tagalog<br>Tagalog  | PAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyonang tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 855-710-6984 (TTY: 711) o makipag-usap sa iyong provider.                     |
| Urdu<br>اردو        | توجه دیں: اگر آپ اردو بولتے ہیں، تو آپ کے لیے زبان کی مفت مدد کی خدمات دستیاب ہیں۔ قابل رسائی فارمیٹس میں معلومات فراہم کرنے کے لیے مناسب معاون امداد اور خدمات بھی مفت دستیاب ہیں۔ 855-710-6984 (TTY: 711) پر کال کریں یا اپنے فراہم کنندہ سے بات کریں۔                                                                             |
| Việt<br>Vietnamese  | LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số 855-710-6984 (Người khuyết tật: 711) hoặc trao đổi với người cung cấp dịch vụ của bạn.                     |