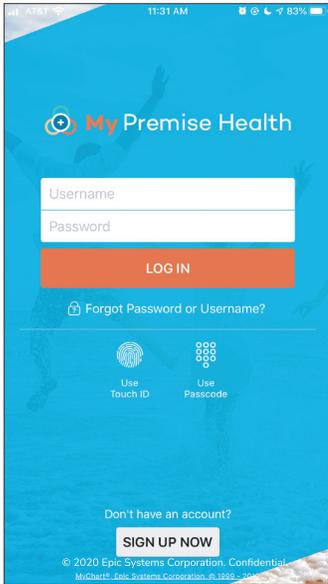


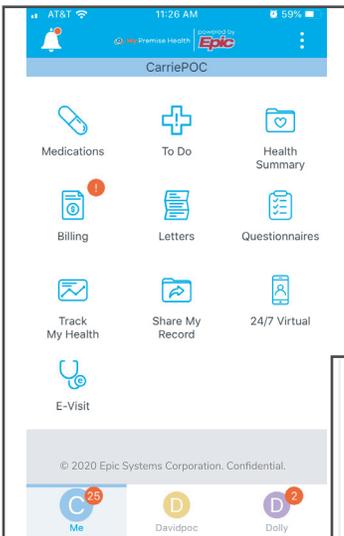
PREMISE HEALTH VIRTUAL VISITS

How to schedule a visit:



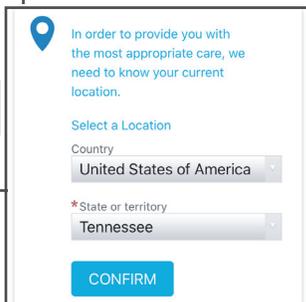
1

Log in to the My Premise Health mobile app with your username and password. If you don't have an account, you can create one using the "SIGN UP NOW" option.



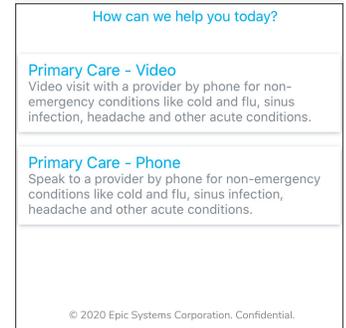
2

From the My Premise Health app, select "24/7 Virtual" (virtual visits are available during clinic hours) and choose your country, state, and click "Confirm."



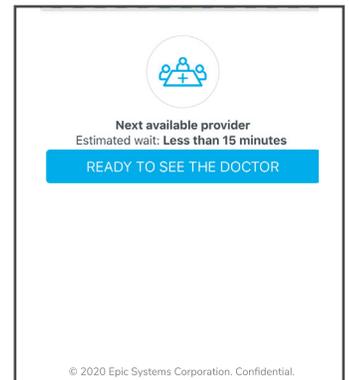
3

Choose "Primary Care - Video" if you'd like to chat with a provider via video, or "Primary Care - Phone" if you'd like to use your phone.



4

Next, enter a short description for your visit and click "Ready to see the doctor." Your estimated wait time will be displayed.



5

Follow the onscreen eCheck-in prompts to enter any existing health conditions, medications, medical history, and insurance information. Once complete, click "Begin Visit." You will be connected with the next available provider.

