



Quality care with you at the center

Our physician-led care teams work together to keep you healthy by delivering high-quality personalized care. You can also choose your own doctor based on what's important to you. Learn more at kp.org/searchdoctors.



Great care, great results

From preventive screenings to specialty care when you need it, we've got you covered. You get great doctors, the latest technology, and evidence-based care – all combined to help you get and stay healthy.



Your care, your way

You can connect to care by email, video,¹ phone, or in person, and get health advice 24/7. You can also view your electronic health record, refill most prescriptions, schedule routine appointments, and more – online or with the Kaiser Permanente app.^{2,3}



Get more from your health plan

Take advantage of a wide range of convenient tools and resources to help you stay well – from health classes⁴ at our facilities to one-on-one support from a wellness coach. Explore your options at kp.org/livewell.

¹Mid-Atlantic States members: During a video visit, you must be present in Maryland; Virginia; Washington, D.C.; Florida; North Carolina; West Virginia; or Pennsylvania.

For members 18 and older. For certain medical conditions.

²These features apply to care you get at Kaiser Permanente facilities.

³To use the Kaiser Permanente app, you must be a Kaiser Permanente member registered on kp.org.

⁴Some classes may require a fee.

Kaiser Foundation Health Plan
6133 North River Road, Suite 740
Rosemont, IL 60018



Experience the Kaiser Permanente difference

2018 Annual Enrollment for American Airlines team members:
October 16-27, 2017

Please recycle. 60691010 Month 2017 [XXXXX-XXXXX]

KPOwned:6113-08087938_Masterfile_RF_Mailer_DG.psd

Healthy together

Care and coverage that fits your life

**TAKE ACTION
THIS ANNUAL
ENROLLMENT!**

Important
details inside.

American Airlines

KAISER PERMANENTE®

Get what you need to live well

Get care where, when, and how you want it. With more options to choose from, it's easier to stay on top of your health.



Choose how you connect to care

You have many convenient options for staying on top of your health. You can get and manage your care:

- In person at our locations
- With telephone appointments, if available
- With video appointments for certain conditions or symptoms¹
- Online at kp.org
- On the go with our Kaiser Permanente app



Care when and where you need it

Connect to the right care for your situation. Whether you want to schedule a routine appointment online or you need emergency care, we've got you covered. You have access to:

- 24/7 nurse advice
- Urgent care
- Emergency care
- Specialty care
- Convenient appointments – schedule them by phone or online



Manage your health online

When you register on kp.org, you can:²

- View most lab test results
- Refill most prescriptions
- Email your doctor's office with nonurgent questions
- Schedule and cancel routine appointments
- Manage a family member's health³

Not registered yet? Go to kp.org/registernow.

Enjoy a plan that fits your life

2018 monthly team member contributions¹

	California	Mid-Atlantic
Employee only	\$96.35 ²	\$96.35
Employee + spouse	\$272.85	\$272.85
Employee + child(ren)	\$172.26	\$172.26
Family	\$366.76	\$366.76

¹Contributions for part-time LUS IAM team members are double the amounts shown.

²Ground Based Team members who work at the SFO airport are eligible for no-cost employee-only Kaiser Permanente coverage.

It's easy to discover better health

Whether you're already a member or new to Kaiser Permanente, we make it simple to find a convenient location, choose a great doctor, understand your benefits, and more.

Just visit my.kp.org/americanairlines.

If you have questions about our plan, visit my.kp.org/americanairlines or talk to one of our representatives at your next roadshow.

To learn more about the Kaiser Permanente option, visit my.aa.com/hmo. When you're ready to enroll, visit my.aa.com/annual-enrollment. If you have questions about enrolling, call the American Airlines Benefits Service Center at 1-888-860-6178.

WATCH FOR Kaiser Permanente representatives at these roadshows:

- LAX – Oct. 5
- SFO – Oct. 6
- DCA – Oct. 10