

10 ways to **save** on medical costs

1

Get free advice from a registered nurse through the 24/7 Nurseline

2

Visit an Onsite Clinic for convenient and affordable care right where you work

3

Use Doctor on Demand to see a medical doctor for a low copay using your computer, smartphone or tablet

4

Earn \$250 to use for medical expenses through the WebMD Wellness Program

7

Receive a no cost expert medical opinion through Advance Medical

6

Get free or discounted diabetes, high blood pressure and asthma medications and supplies with StayWell RX

5

Use generic drugs over brand-name

8

Take advantage of free access to the Optum Employee Assistance Program (EAP)

9

Use the Emergency Room only for true emergencies – you could save time and money by going to an urgent or convenience care clinic instead

10

Save on taxes when you contribute to a Flexible Spending Account (FSA) or a Health Savings Account (HSA)

Visit my.aa.com for more information.

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