



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. If a discrepancy exists between this SBC and the [plan](#) provisions, the [plan](#) provisions govern.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, view the Summary Plan Description (SPD) at [my.aa.com](http://my.aa.com) or contact us at 1-888-860-6178. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at [my.aa.com](http://my.aa.com), [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform), [www.cciio.cms.gov](http://www.cciio.cms.gov), <https://www.healthcare.gov/sbc-glossary> or call 1-888-860-6178 to request a copy.

Important Questions	Answers		Why This Matters:
	IN-NETWORK	OUT-OF-NETWORK	
What is the overall <a href="#">deductible</a> ?	\$2,000/Individual \$4,000/Family	\$4,000/Individual \$8,000/Family	Except for <a href="#">preventive services</a> , each member must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , the overall family <a href="#">deductible</a> must be met before the <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each member's <a href="#">deductible</a> applies toward the family <a href="#">deductible</a> . Once the family <a href="#">deductible</a> is met, the <a href="#">plan</a> will begin to pay for those members who have not reached their individual <a href="#">deductibles</a> .
Are there services covered before you meet your <a href="#">deductible</a> ?	YES	NO	This <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . Covered <a href="#">preventive services</a> are listed at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> . In-network <a href="#">preventive care</a> / <a href="#">prescriptions</a> are not subject to <a href="#">deductible</a> / <a href="#">coinsurance</a> . Out-of-network <a href="#">preventive care</a> / <a href="#">prescriptions</a> are subject to <a href="#">deductible</a> / <a href="#">coinsurance</a> .
Are there other <a href="#">deductibles</a> for specific services?	NO	NO	There are no other <a href="#">deductibles</a> for specific services.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	\$4,000/Individual \$8,000/Family (includes <a href="#">deductible</a> )	\$12,000/Individual \$24,000/Family (includes <a href="#">deductible</a> )	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. <a href="#">Deductible</a> and <a href="#">coinsurance</a> amounts DO count toward your <a href="#">out-of-pocket limit</a> . If you have other family members in the <a href="#">plan</a> , the overall family <a href="#">out-of-pocket limit</a> must be met. In families of 3 or more members, if family <a href="#">out-of-pocket limit</a> is met cumulatively, expenses are payable at 100% for all family members even if individual <a href="#">out-of-pocket limits</a> haven't been met by each member. No one covered person will pay more than \$6,850 of the family <a href="#">out-of-pocket limit</a> .
What is not included in the <a href="#">out-of-pocket limit</a> ?	Contributions, <a href="#">balance-billing</a> charges, precertification failure penalties, or health care this <a href="#">plan</a> will not cover		Even though you pay for these expenses, they DO NOT count toward your <a href="#">out-of-pocket limit</a> .
Will you pay less if you use a <a href="#">network provider</a> ?	YES		This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , as you may receive a bill from the <a href="#">provider</a> for the difference between the <a href="#">provider's charge</a> and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). You can access <a href="#">in-network provider listings</a> by visiting <a href="http://my.aa.com">my.aa.com</a> and click on your respective network/claim administrator, or call 1-877-235-9258 (Blue Cross Blue Shield of Texas) OR 1-800-955-8095 (United Healthcare).
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	NO		You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .



All [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.


Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care <a href="#">provider's office</a> or clinic	Primary care visit	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	None
	<a href="#">Specialist</a> visit	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	None
	Doctor on Demand Telehealth visit	20% <a href="#">coinsurance</a>	Not applicable	•\$49 paid per visit until <a href="#">deductible</a> is met; then 20% <a href="#">coinsurance</a> of eligible charges
	<a href="#">Preventive care/screening/immunization</a>	No cost to you	40% <a href="#">coinsurance</a>	•Charges will apply for services and tests which fall outside USPSTF guidelines
If you have a test at a hospital facility	<a href="#">Diagnostic test</a> (x-ray, labs)	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	None
	Imaging (CT, PET, MRI) scans			
If you have a test at the doctor's office	<a href="#">Diagnostic test</a> (x-ray, labs)	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	None
	Imaging (CT, PET, MRI) scans			
<b>If you need <a href="#">prescription drugs</a> to treat your illness or condition</b>  More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.express-scripts.com">www.express-scripts.com</a>	Generic drugs  Preferred brand name drugs  Non-Preferred brand name drugs	<b>RETAIL</b> 20% <a href="#">coinsurance</a> per fill          <b>MAIL ORDER</b> 20% <a href="#">coinsurance</a> per fill	<b>RETAIL</b> 40% <a href="#">coinsurance</a> per fill, but will be reimbursed based on the Express-Scripts discounted price          <b>MAIL ORDER</b> Not covered	<ul style="list-style-type: none"> <li>•Certain preventive <a href="#">prescription drugs</a> are not subject to <a href="#">deductible</a></li> <li>•Certain brand name <a href="#">prescriptions</a> are not covered, check with Express Scripts at <a href="http://www.express-scripts.com">www.express-scripts.com</a></li> <li>•Some <a href="#">prescription drugs</a> require <a href="#">preauthorization</a></li> <li>•If you fill the same <a href="#">prescription</a> in a 30-day supply quantity or less 3 times, you will pay 50% more on the 4th and consecutive fills</li> <li>•If you select a preferred or non-preferred brand drug when a generic is available, you pay 20% <a href="#">coinsurance</a> plus the cost difference between the generic and preferred or non-preferred brand</li> <li>•Up to a 30-day supply can be filled through an Express Scripts <a href="#">network</a> pharmacy for <a href="#">in-network</a> benefits</li> <li>•Up to a 90-day supply are only available through Express Scripts mail order or from CVS or Safeway-owned pharmacies for <a href="#">in-network</a> benefits</li> <li>•Other limitations may apply, see SPD</li> </ul>

Continued on next page



All [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	<a href="#">Specialty drugs</a>	20% <a href="#">coinsurance</a> per fill	40% <a href="#">coinsurance</a> per fill, but will be reimbursed based on the Express Scripts discounted price	<ul style="list-style-type: none"> <li>The same limitations for generic, preferred, and non-preferred drugs above apply to <a href="#">Specialty drugs</a></li> <li><a href="#">Specialty drugs</a> purchased in quantities greater than a 30-day supply must be purchased from Accredo Health or from CVS or a Safeway-owned pharmacy</li> <li><a href="#">Specialty drugs</a> are NOT available in a 90-day supply quantities when certain clinical rules or quantity restrictions apply</li> </ul>
If you have outpatient surgery	Facility fee (e.g., freestanding day surgicenter, doctor's office)	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	None
	Physician/surgeon fees	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	None
If you need immediate medical attention	<a href="#">Emergency room care</a>	20% <a href="#">coinsurance</a>	20% <a href="#">coinsurance</a>	<ul style="list-style-type: none"> <li>40% <a href="#">coinsurance</a> for non-emergency <a href="#">out-of-network</a></li> </ul>
	<a href="#">Emergency medical transportation</a>	20% <a href="#">coinsurance</a>	20% <a href="#">coinsurance</a>	None
	<a href="#">Urgent care</a>	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	None
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	<ul style="list-style-type: none"> <li>Inpatient requires precertification; failure to precertify, you pay \$250 penalty</li> </ul>
	Physician/surgeon fees	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services for mental health, substance abuse	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	None
	Outpatient services for family therapy or couples therapy			
	Inpatient services for mental health, substance abuse			
	Employee Assistance Program (EAP)	1 <sup>st</sup> 4 visits, per issue, no cost to you	Not covered	<ul style="list-style-type: none"> <li>The EAP <a href="#">network</a> of <a href="#">providers</a> may be different than the <a href="#">network</a> of your network/claim administrators; check with your network/claim administrator's <a href="#">provider network</a> to ensure the EAP <a href="#">provider</a> participates in both <a href="#">networks</a>.</li> </ul>

 All [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you are pregnant (you, your spouse, or dependent daughter)</b>	Office, routine prenatal care	No cost to you	40% <a href="#">coinsurance</a>	None
	Birth/delivery professional services	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	None
	Birth/delivery facility services	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	• Inpatient requires precertification; failure to precertify, you pay \$250 penalty
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	None
	<a href="#">Rehabilitation services</a>	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	None
	<a href="#">Habilitation services</a>	Not covered	Not covered	• <a href="#">Habilitation services</a> are not covered, see SPD
	<a href="#">Skilled nursing care</a>	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	• Maximum benefit is 60 days per illness or injury
	<a href="#">Durable medical equipment</a>	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	• Dollar and quantity limits may apply, see SPD
	<a href="#">Hospice services</a>	20% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	None
<b>If your child needs dental or eye care</b>	Children's eye exam	Not covered by Medical	Not covered by Medical	• Paid under Vision Benefit, if you elected it
	Children's glasses			
	Children's dental check-up			• Paid under Dental Benefit, if you elected it

**Excluded Services & Other Covered Services:**

Services Your <a href="#">plan</a> Generally Does NOT Cover (Check your SPD or <a href="#">my.aa.com</a> for more information and a list of any other <a href="#">excluded services</a> .)		
<ul style="list-style-type: none"> <li>• Cosmetic surgery &amp; treatment (elective)</li> <li>• Dental care, except treatment of accidental injury</li> <li>• Experimental, investigational, unproven care</li> <li>• Massage therapy</li> <li>• Routine eye care</li> </ul>	<ul style="list-style-type: none"> <li>• Complimentary/Alternative medicine</li> <li>• Drugs not approved by the FDA</li> <li>• Non-emergency care outside the USA</li> <li>• Routine foot care</li> <li>• Long term care</li> </ul>	<ul style="list-style-type: none"> <li>• Certain types of infertility care (see SPD)</li> <li>• Educational services</li> <li>• Custodial care</li> <li>• <u>Non-medically necessary</u> services/supplies</li> <li>• Weight loss programs unless for morbid obesity</li> </ul>

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <a href="#">plan</a> document.)		
<ul style="list-style-type: none"> <li>• Acupuncture</li> <li>• Chiropractic care (limits apply, see SPD)</li> <li>• Collection/cryopreservation of human female ova ("egg freezing") and in-vitro fertilization (limits apply, see SPD)</li> <li>• Gender Reassignment Benefits (limits apply, see SPD)</li> <li>• Infertility medications (limits apply, see SPD)</li> </ul>	<ul style="list-style-type: none"> <li>• Applied Behavioral Analysis (ABA) therapy</li> <li>• Clinical Trials (limits apply, see SPD)</li> <li>• Diagnostic colonoscopies (100% after <a href="#">deductible</a> in doctor's office on non-hospital facility)</li> <li>• Hearing aids, (limits apply, see SPD)</li> <li>• Private duty nursing if <u>medically necessary</u></li> <li>• Temporomandibular Joint Disease (TMJD) treatment (limits apply, see SPD)</li> </ul>	<ul style="list-style-type: none"> <li>• Bariatric surgery (limits apply, see SPD)</li> <li>• Diagnostic mammograms (100% after <a href="#">deductible</a> in doctor's office or non-hospital facility)</li> <li>• <a href="#">Home health care</a> (limits apply, see SPD)</li> <li>• <a href="#">Reconstructive surgery</a> to repair accidental injury or removal of diseased tissue</li> <li>• Telehealth visits (Doctor on Demand)</li> </ul>

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: US Department of Labor Employee Benefits Security Administration (1-866-444-EBSA [3272]) or American Airlines Benefits Service Center at 1-888-860-6178. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: American Airlines, Inc. Benefits Service Center at 1-888-860-6178, American Airlines, Inc. Benefits Compliance/Appeals at 1-817-967-1412, or the US Department of Labor at 1-866-487-2365.

**Does this plan provide Minimum Essential Coverage? YES**

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

**Does this plan meet the Minimum Value Standards? YES**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

**Health Savings Accounts (HSA)**

The Core Option offers you the option to enroll in a Health Savings Account (HSA) administered by Alight's Your Spending Account (YSA), via pre-tax payroll deductions or post-tax with UMB or your bank or other financial institution. You can deposit funds into this account to help pay for medical, [prescription](#), dental, and/or vision expenses—items such as charges used to meet the annual [deductible](#), [coinsurance](#), other [out-of-pocket](#) expenses, etc. Additionally, if you (or your spouse) participate in the WebMD Wellness Program and earn Wellness Rewards, American will place those reward funds in your YSA HSA. The chart on page 6 provides some examples of HSA-covered expenses. For complete information, please refer to the SPD. **Maximum federally-defined HSA contributions for 2018 are \$3,450 for employee only, \$6,900 for employee + family (if you're over age 55, you may contribute an additional \$1,000 to your HSA).**

**Limited Purpose Flexible Spending Account (LPFSA)**

You also have the option to elect a Limited Purpose Health Care Flexible Spending Account (LPFSA) through Alight's Your Spending Account (YSA) via pre-tax payroll deductions to help pay dental and vision services only, such as [deductibles](#), [coinsurance](#), and other [out-of-pocket](#) expenses. Through YSA, you deposit pre-tax dollars into the LPFSA via payroll deductions, and these dollars can reimburse you for the portion of dental and vision expenses that you would be responsible for paying. If you elected a LPFSA, beginning January 1, the entire amount of your elected YSA LPFSA account is available for your and your family's use. **For 2018, the maximum amount you can deposit into your LPFSA is \$2,600.**

Some examples of covered expenses are listed below.

Examples of Covered HSA Expenses (medical, dental, and vision)		Examples of Covered LPFSA Expenses (dental and vision only)	
<ul style="list-style-type: none"> <li>•Acupuncture</li> <li>•Blood tests</li> <li>•Chiropractor</li> <li>•Contraceptives (retail)</li> <li>•Diagnostic devices</li> <li>•Hearing devices</li> <li>•Dental expenses</li> </ul>	<ul style="list-style-type: none"> <li>•Hospital Services</li> <li>•Insulin</li> <li>•Lab tests</li> <li>•<u>Prescriptions</u></li> <li>•Nursing care</li> <li>•Wheelchairs</li> <li>•Vision expenses</li> </ul>	<ul style="list-style-type: none"> <li>•Dental anesthesia/sedation</li> <li>•Charges with <u>balance billings</u></li> <li>•Drugs and their administration</li> <li>•Extra set of dentures/appliances</li> <li>•Replacement of lost/stolen dentures</li> <li>•Orthodontia expenses</li> <li>•Eyeglasses</li> </ul>	<ul style="list-style-type: none"> <li>•Contact Lenses</li> <li>•Ophthalmologist fees</li> <li>•Guide dog</li> <li>•Special education services for blind</li> <li>•Vision therapy</li> <li>•Protective eyewear</li> </ul>

**This is not a complete list of covered expenses.** Please consult the SPD for a complete list of covered and non-covered services, and for information on how the HSA and LPFSA work.

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-860-6178

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-860-6178

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-888-860-6178

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijjigo holne' 1-888-860-6178

————— *To see examples of how this plan might cover costs for a sample medical situation, see the next section.* —————

**About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [co-payments](#) and [co-insurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**  
(9 months of [in-network](#) pre-natal care and a hospital delivery)

**Managing Joe's type 2 Diabetes**  
(a year of routine [in-network](#) care of a well-controlled condition)

**Mia's Simple Fracture**  
([in-network](#) [emergency room](#) visit and follow up care)

**PEG'S COVERAGE IS EMPLOYEE-ONLY**

**JOE'S COVERAGE IS EMPLOYEE-ONLY**

**MIA'S COVERAGE IS EMPLOYEE-ONLY**

- The [plan's](#) overall [deductible](#) \$2,000
- [Specialist](#) (routine prenatal office visits) \$0
- Hospital (facility) 20%
- Routine lab services at [Specialist](#) office 20%

- The [plan's](#) overall [deductible](#) \$2,000
- [PCP](#) office visits 20%
- [Specialist](#) (hospital/office visits) 20%
- Hospital (facility) 20%
- [Prescription drugs](#) (generic) 20%

- The [plan's](#) overall [deductible](#) \$2,000
- [Specialist](#) 20%
- Hospital (facility) 20%
- Crutches 20%
- Physical Therapy 20%

**This EXAMPLE event includes services like:**

<a href="#">Specialist</a> office visits (routine prenatal)	\$500
Childbirth/Delivery Professional Services	\$2,000
Childbirth/Delivery Facility Services	\$7,500
<a href="#">Diagnostic tests</a> (ultrasounds and blood work)	\$1,300
<a href="#">Specialist</a> visit (anesthesia)	\$1,500

**This EXAMPLE event includes services like:**

<a href="#">Primary care physician</a> office visits (including disease education)	\$400
<a href="#">Specialist</a> office visits	\$300
Hospital (facility)	\$5,000
<a href="#">Diagnostic tests</a> (labs at doctor's office)	\$150
<a href="#">Prescription drugs</a>	\$1,250
<a href="#">Durable medical equipment</a> (glucose meter)	\$300

**This EXAMPLE event includes services like:**

<a href="#">Emergency room care</a> (including medical supplies)	\$500
<a href="#">Specialist</a> (set fracture and follow-up)	\$600
<a href="#">Diagnostic test</a> (x-ray)	\$100
<a href="#">Durable medical equipment</a> (crutches)	\$50
<a href="#">Rehabilitation services</a> (physical therapy)	\$650

**Total Example Cost \$12,800**

**Total Example Cost \$7,400**

**Total Example Cost \$1,900**

**In this example, Peg would pay:**

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$2,000
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$2,000
<i>What isn't covered</i>	
Limits or exclusions	N/A
<b>The total Peg would pay is</b>	<b>\$4,000</b>

**In this example, Joe would pay:**

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$2,000
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$1,080
<i>What isn't covered</i>	
Limits or exclusions	N/A
<b>The total Joe would pay is</b>	<b>\$3,080</b>

**In this example, Mia would pay:**

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$2,000
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$0
<i>What isn't covered</i>	
Limits or exclusions	N/A
<b>The total Mia would pay is</b>	<b>\$1,900</b>